

# NUTRISON ENERGY MULTI FIBRE

A nutritionally complete, high energy, fibre enriched, ready-to-use enteral tube feed.

## FEATURES

- **Suitable as a sole source of nutrition<sup>^</sup>**
- **15g of MF6<sup>#</sup> fibre blend per 1000ml pack:** to help maintain normal bowel function.
- **Whey-dominant P4 protein blend:** in line with international recommendations on protein quality/ amino acid profile and for gastro-intestinal tolerance benefits.<sup>1-7</sup>
- **Fish oils:** to provide Docosahexaenoic acid (DHA) and Eicosapentaenoic acid (EPA).
- **Medium chain triglycerides (MCT):** for easier fat digestion and absorption.<sup>8-9</sup>
- **Enriched with carotenoids:** in line with general health recommendations for their antioxidant properties and positive effect on immune function.<sup>10</sup>
- **1000ml ready-to-hang pack and 500ml plastic bottle formats:** provides flexibility for different feeding methods e.g. closed-system pump delivery, syringe bolus.

## Indications

For the dietary management of:

- Disease-related malnutrition.
- Patients with high energy and protein requirements.

## Important Notice

- Not for parenteral use.
- Not suitable for patients requiring a fibre free diet.
- Not suitable for patients with galactosaemia.
- Not suitable for patients with cow's milk protein allergy.
- Not suitable for infants under 1 year of age.
- Use with caution in children aged 1-6 years of age.
- Use with caution in individuals with a seafood allergy.

## Directions for Use

- Shake well before use.
- Use at room temperature.
- Handle aseptically to ensure product remains sterile.
- Usage to be determined by a healthcare professional.

## Storage

- Store in a cool, dry place.
- Once opened, store in the refrigerator.
- Discard unused contents after 24 hours.

## Ordering Information

To order contact Nutricia Customer Care **1800 889 480**.

Nutrison Energy Multi Fibre	Product code	Units per carton
500ml plastic bottle	78793	12
1000ml pack	53652	8

## Ingredients

**Nutrison Energy Multi Fibre:** water, maltodextrin, vegetable oils (sunflower oil, rapeseed oil, MCT oil [coconut oil, palm kernel oil]), glucose syrup, whey protein (from cow's **milk**), dietary fibres (inulin, oligofructose, arabic gum, **soy** polysaccharides, cellulose, resistant starch), cow's **milk** protein caseinate, pea protein, **soy** protein, emulsifier (**soy** lecithin), potassium citrate, sodium citrate, magnesium hydrogen phosphate, calcium carbonate, **fish oil**, potassium chloride, potassium hydroxide, carotenoids (contains **soy**)( $\beta$ -carotene, lutein, lycopene), choline chloride, sodium chloride, sodium L-ascorbate, magnesium carbonate, ferrous lactate, zinc sulphate, nicotinamide, DL- $\alpha$  tocopheryl acetate, retinyl acetate, copper gluconate, manganese sulphate, sodium selenite, calcium D-pantothenate, chromium chloride, D-biotin, cholecalciferol, thiamin hydrochloride, pteroylmonoglutamic acid, pyridoxine hydrochloride, riboflavin, potassium iodide, sodium fluoride, sodium molybdate, phytomenadione, cyanocobalamin.

## Allergen & Cultural Information

- Contains: cow's milk protein, soy, fish oil.
- Does not contain: wheat, egg, nuts\*, lupins.
- Halal certified (1000ml pack only).
- No Halal forbidden ingredients.
- No Kosher forbidden ingredients.
- No gluten containing ingredients. No detectable gluten when tested to a sensitivity level of less than 5 parts per million (<5 ppm i.e. <5mg/kg).
- Low lactose (lactose <2g/100g).



# NUTRISON ENERGY MULTI FIBRE

NUTRITION INFORMATION		Per 100ml	Per 1000ml
Energy	kcal	153	1530
	KJ	640	6400
Protein	g	6 (16% E)	60
- Casein	g	1.5	15
- Whey	g	2.1	21
- Soy	g	1.2	12
- Pea	g	1.2	12
Carbohydrate	g	18.4 (50% E)	184
- Sugars	g	2.4	24
- as Lactose	g	<0.025	<0.25
Fat	g	5.8 (34% E)	58
- Saturates	g	1.5	15
- of which MCT	g	0.9	9
- Monounsaturates	g	3.3	33
- Polyunsaturates	g	1.1	11
- DHA	mg	13.7	137
- EPA	mg	20	200
- ω6:ω3		3.1:1	3.1:1
Fibre	g	15	15
- soluble : insoluble		80:20	80:20
Water	ml	76	760
Minerals		Per 100ml	Per 1000ml
Sodium	mg	134	1340
	mmol	5.8	58
Potassium	mg	201	2010
	mmol	5.1	51
Calcium	mg	84	840
Phosphorus	mg	84	840
Magnesium	mg	30	300
Chloride	mg	100	1000
Ca:P ratio		1:1	1:1

Vitamins		Per 100ml	Per 1000ml
Vitamin A	µg-RE	123	1230
Vitamin D	µg	1.5	15
Vitamin E	mg α-TE	1.9	19
Vitamin K	µg	8	80
Vitamin C	mg	15	150
Thiamin	mg	0.23	2.3
Riboflavin	mg	0.24	2.4
Niacin	mg NE	2.7	27
Vitamin B <sub>6</sub>	mg	0.26	2.6
Vitamin B <sub>12</sub>	µg	0.32	3.2
Folic Acid	µg	40	400
Pantothenic Acid	mg	0.8	8
Biotin	µg	6	60
Trace Elements		Per 100ml	Per 1000ml
Iron	mg	2.4	24
Zinc	mg	1.8	18
Manganese	mg	0.5	5
Copper	µg	270	2700
Iodine	µg	20	200
Molybdenum	µg	15	150
Selenium	µg	8.6	86
Chromium	µg	10	100
Fluoride	mg	0.15	1.5
Other		Per 100ml	Per 1000ml
Carotenoids	mg	0.3	3
Choline	mg	55	550
Osmolality	mOsmol/kg H <sub>2</sub> O	500	500

**A food for special medical purposes;  
to be used under strict medical supervision.**

For more information call the  
**Nutricia Careline 1800 438 500**

# MF6 is a unique, patented blend of six soluble and insoluble fibres (soy polysaccharide, cellulose, resistant starch, gum arabic, oligofructose and inulin) reflecting the proportions of the different fibre types in a healthy diet.

\* Peanut (*Arachis hypogaea*), Almond (*Amygdalus communis* L.), Hazelnut (*Corylus avellana*), Walnut (*Juglans regia*), Cashew (*Anacardium occidentale*), Pecan nut (*Carya illinoensis* (Wangenh.) K. Koch), Brazil nut (*Bertholletia excelsa*), Pistachio nut (*Pistacia vera*), Macadamia nut and Queensland nut (*Macadamia ternifolia*) and products thereof.

^In accordance with Australia New Zealand Food Standards Code - Standard 2.9.5

**REFERENCES** 1. World Health Organization. Protein and amino acid requirements in human nutrition: report of a joint FAO/WHO/UNU expert consultation. 2007; WHO technical report series ; no. 935. 2. Kuyumcu S, Menne D, Curcic J, et al. Noncoagulating enteral formula can empty faster from the stomach: A double-blind, randomized crossover trial using magnetic resonance imaging. *Journal of Parenteral and Enteral Nutrition*. 2015;39:544-551. 3. van den Braak CC, Klebach M, Abrahamse E, et al. A novel protein mixture containing vegetable proteins renders enteral nutrition products non-coagulating after in vitro gastric digestion. *Clinical Nutrition*. 2013;32:765-771. 4. Klebach M, Hofman Z, Bluemel S, et al. Effect of protein type in enteral nutrition formulas on coagulation in the stomach in vivo: Post hoc analyses of a randomized controlled trial with MRI. Abstract presented at Clinical Nutrition Week, January 16-19; Austin, Tx. *Journal of Parenteral and Enteral Nutrition*. 2016;40:134(21). 5. Luttkhold J, van Norren K, Rijna H, et al. Jejunal feeding is followed by a greater rise in plasma cholecystokinin, peptide YY, glucagon-like peptide 1, and glucagon-like peptide 2 concentrations compared with gastric feeding in vivo in humans: a randomized trial. *Am J Clin Nutr*. 2016;103:435-43. 6. Abrahamse E, van der Lee S, van den Braak S, et al. Gastric non-coagulation of enteral tube feed yields faster gastric emptying of protein in a dynamic in vitro model. Abstract presented at 34th ESPEN Congress. Sept 8-11; Barcelona, Spain. *Clinical Nutrition Supplements*. 2012;7:PP239(119). 7. Liu J, Klebach M, Abrahamse E, et al. Specific protein mixture reduces coagulation: An in vitro stomach model study mimicking a gastric condition in critically ill patients. Poster presented at 38th ESPEN Congress. 17-20 September; Copenhagen, Denmark. *Clinical Nutrition*. 2016;35:MON-P182 (S220). 8. Beckers EJ, Jeukendrup AE, et al. Gastric emptying of carbohydrate--medium chain triglyceride suspensions at rest. *Int J Sports Med*. 1992 Nov;13(8):581-4. 9. Hunt JN, Knox MT. A relation between the chain length of fatty acids and the slowing of gastric emptying. *J Physiol*. 1968 Feb;194(2):327-36. 10. Cooper DA, Eldridge AL, Peters JC. Dietary carotenoids and certain cancers, heart disease and age-related macular degeneration: A review of recent research. *Nutrition Reviews* 1999; 57: 201-214.

**NUTRICIA**  
LIFE-TRANSFORMING NUTRITION

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