

AdVital

COMPLETE NUTRITION



Grab & Go

Nutritionally Complete Snacks



- ✓ Packed With Protein
- ✓ 27 Vitamins & Minerals
- ✓ Gluten, Nut & Soy Free
- ✓ No Artificial Colours & Flavours

Available Now!
FlavourCreations.com.au



CHOCOLATE MOUSE

Available in 2 Packs



INGREDIENTS

Water, Full Cream Milk Powder, Sugar, Calcium Caseinate (Milk), Inulin, Natural Flavours, Cocoa Powder (1%), Maltodextrin, Thickener (415), Vitamin & Mineral Blend [Minerals (Calcium, Chloride, Phosphorus, Magnesium, Copper, Iron, Zinc, Manganese, Chromium, Molybdenum, Selenium, Iodine), Dextrose, Vitamins (C, D3, E, B3, A, B5, B1, B6, B2, K1, B12, Folate, Biotin)], Salt, Stabilisers (452, 450).

CONTAINS MILK.

BANANA & MANGO

Available in 2 Packs



INGREDIENTS

Fruits (54%) (Apple Puree (33%), Banana (12%), Mango (9%)), Water, Hydrolysed Collagen, Sugar, Fibres (Inulin, Potato, Bamboo), Humectant (422), Thickeners (440, 415, 417), Minerals (Calcium Chloride, Potassium Citrate, Magnesium Oxide, Ferric Pyrophosphate, Zinc Sulphate, Chromium Chloride, Copper Sulphate, Manganese Sulphate, Sodium Molybdate, Sodium Selenite, Potassium Iodide), Sodium Chloride, Vitamins (Ascorbic Acid, dl-Alpha-Tocopherol Acetate, Retinol Acetate, Niacinamide, Cholecalciferol, Calcium Pantothenate, Riboflavin, Pyridoxine Hydrochloride, Thiamin Hydrochloride, Phytionadione, Cyanocobalamin, Folic Acid, Biotin), Acidity Regulator (296), Natural Flavours, Stabilisers (452, 450), Colours (171, 161b), Dextrose, Preservative (200).

APPLE & PLUM

Available in 2 Packs



INGREDIENTS

Fruits (59%) (Apple Puree (51%), Reconstituted Plum (8%)), Hydrolysed Collagen, Water, Sugar, Fibres (Inulin, Potato, Bamboo), Humectant (422), Thickeners (440, 415, 417), Minerals (Calcium Chloride, Potassium Citrate, Magnesium Oxide, Ferric Pyrophosphate, Zinc Sulphate, Chromium Chloride, Copper Sulphate, Manganese Sulphate, Sodium Molybdate, Sodium Selenite, Potassium Iodide), Sodium Chloride, Vitamins (Ascorbic Acid, dl-Alpha-Tocopherol Acetate, Retinol Acetate, Niacinamide, Cholecalciferol, Calcium Pantothenate, Riboflavin, Pyridoxine Hydrochloride, Thiamin Hydrochloride, Phytionadione, Cyanocobalamin, Folic Acid, Biotin), Acidity Regulator (296), Natural Flavour, Stabiliser (452, 450), Natural Colour (120), Dextrose, Preservative (200).

NUTRITION INFORMATION

(Average Quantity)

CHOCOLATE MOUSE

	Serving Size: 110g Servings Per Package: 1			
	Units	Per Serve	Per 100g	% Dietary Intake per serve
Energy	kJ	647	588	-
	kcal	155	141	-
Protein	g	8.1	7.4	-
- gluten	mg	Not Detected		
Fat, total	g	3.7	3.4	-
- saturated	g	2.4	2.2	-
- trans	g	0.1	0.1	-
Cholesterol	mg	12.0	11.1	-
Carbohydrate	g	20.7	18.8	-
- sugars	g	17.8	16.2	-
- lactose	g	5.7	5.1	-
- galactose	g	0	0	-
Dietary Fibre	g	3.6	3.3	-
Sodium	mg	182	165	-
Potassium	mg	203	184	-
Vitamin A	µg	106	96	14%*
Thiamine [Vitamin B1]	mg	0.28	0.26	26%*
Riboflavin [Vitamin B2]	mg	0.13	0.12	8%*
Niacin [Vitamin B3]	mg	1.9	1.8	19%*
Folate	µg	32	29	16%*
Vitamin B6	mg	0.26	0.23	16%*
Vitamin B12	µg	0.11	0.10	5%*
Vitamin C	mg	3.5	3.2	9%*
Vitamin D	µg	4.2	3.8	42%*
Vitamin E	mg	1.9	1.8	19%*
Vitamin K	µg	12	11	16% [^]
Biotin	µg	4.8	4.4	16% [^]
Pantothenic acid	mg	0.7	0.7	14% [^]
Calcium	mg	259	235	32%*
Chloride	mg	47	42	-
Chromium	µg	7	7	4% [^]
Copper	mg	0.25	0.22	8% [^]
Iodine	µg	10	9	7%*
Iron	mg	2.4	2.2	20%*
Magnesium	mg	24	22	7%*
Manganese	mg	0.33	0.30	7% [^]
Molybdenum	µg	10	9	4% [^]
Phosphorus	mg	169	154	17%*
Selenium	µg	4.8	4.4	7%*
Zinc	mg	1.2	1.1	10%*

BANANA & MANGO

	Serving Size: 120g Servings Per Package: 1			
	Units	Per Serve	Per 100g	% Dietary Intake per serve
Energy	kJ	748	623	-
	kcal	180	150	-
Protein	g	15.0	12.5	-
- gluten	mg	Not Detected		
Fat, total	g	0.1	0.1	-
- saturated	g	0.1	<0.1	-
- trans	g	0	0	-
Cholesterol	mg	0	0	-
Carbohydrate	g	25.5	21.2	-
- sugars	g	20.0	16.7	-
- lactose	g	0	0	-
- galactose	g	0	0	-
Dietary Fibre	g	5.0	4.0	-
Sodium	mg	150	125	-
Potassium	mg	199	166	-
Vitamin A	µg	250	210	33%*
Thiamine [Vitamin B1]	mg	0.48	0.40	44%*
Riboflavin [Vitamin B2]	mg	0.36	0.30	21%*
Niacin [Vitamin B3]	mg	4.3	3.6	43%*
Folate	µg	70	58	35%*
Vitamin B6	mg	0.84	0.70	53%*
Vitamin B12	µg	0.35	0.29	18%*
Vitamin C	mg	26	22	65%*
Vitamin D	µg	2.2	1.8	22%*
Vitamin E	mg	1.5	1.3	15%*
Vitamin K	µg	16	13	20% [^]
Biotin	µg	8.5	7.1	28% [^]
Pantothenic acid	mg	0.90	0.75	18% [^]
Calcium	mg	185	154	23%*
Chloride	mg	140	120	-
Chromium	µg	32	27	16% [^]
Copper	mg	0.25	0.21	8% [^]
Iodine	µg	22	18	15%*
Iron	mg	2.3	1.9	19%*
Magnesium	mg	60	50	19%*
Manganese	mg	0.80	0.67	16% [^]
Molybdenum	µg	20	17	8% [^]
Phosphorus	mg	140	120	14%*
Selenium	µg	18	15	26%*
Zinc	mg	2.0	1.7	17%*

APPLE & PLUM

	Serving Size: 120g Servings Per Package: 1			
	Units	Per Serve	Per 100g	% Dietary Intake per serve
Energy	kJ	758	632	-
	kcal	182	152	-
Protein	g	15.1	12.5	-
- gluten	mg	Not Detected		
Fat, total	g	0.1	0.1	-
- saturated	g	0.1	0.1	-
- trans	g	0	0	-
Cholesterol	mg	0	0	-
Carbohydrate	g	25.8	21.5	-
- sugars	g	17.7	14.8	-
- lactose	g	0	0	-
- galactose	g	0	0	-
Dietary Fibre	g	5.6	4.6	-
Sodium	mg	141	117	-
Potassium	mg	150	125	-
Vitamin A	µg	250	210	33%*
Thiamine [Vitamin B1]	mg	0.48	0.40	44%*
Riboflavin [Vitamin B2]	mg	0.36	0.30	21%*
Niacin [Vitamin B3]	mg	4.3	3.6	43%*
Folate	µg	70	58	35%*
Vitamin B6	mg	0.84	0.70	53%*
Vitamin B12	µg	0.35	0.29	18%*
Vitamin C	mg	26	22	65%*
Vitamin D	µg	2.2	1.8	22%*
Vitamin E	mg	1.5	1.3	15%*
Vitamin K	µg	16	13	20% [^]
Biotin	µg	8.5	7.1	28% [^]
Pantothenic acid	mg	0.90	0.75	18% [^]
Calcium	mg	186	155	23%*
Chloride	mg	140	120	-
Chromium	µg	32	27	16% [^]
Copper	mg	0.25	0.21	8% [^]
Iodine	µg	22	18	15%*
Iron	mg	2.3	1.9	19%*
Magnesium	mg	60	50	19%*
Manganese	mg	0.80	0.67	16% [^]
Molybdenum	µg	20	17	8% [^]
Phosphorus	mg	140	120	14%*
Selenium	µg	18	15	26%*
Zinc	mg	2.0	1.7	17%*



*Recommended Dietary Intake [RDI]

[^]Estimated Safe and Adequate Daily Dietary Intakes [ESADDI]